



It Figures...



The Newsletter of the Glen Cairn Skating Club

STARSkate Edition - January 2009

Glen Cairn Skating Club to Host Mariposa School of Skating Seminar

On April 13 and 14, the Glen Cairn Skating Club will be hosting a seminar with award winning coach Doug Leigh, Michelle Leigh and Robert Tebby, of the Mariposa School of Skating at the Bell Sensplex. This seminar will be open to STARSkaters of all levels.

This will be our second year hosting this seminar. It was a great success last year with over 80 skaters and coaches participating in this 2-day event.

The registration form is available on our website:

www.glencairnsc.ca

For more information:

please contact Marie @ 613-599-0646

or e-mail seminar@glencairnsc.ca

Mark Your Calendar...

- January 24-25 - Prescott Invitational (STARSkate)
- Tuesday, January 27 4:00-6:00pm sessions - CANCELLED
- Wednesday, January 28 4:00-5:00 session - CANCELLED
- January 31 - Arnprior's Great STARSkate
- Friday February 6 - NO ICE
- Saturday February 7 - NO ICE
- Sunday February 8 - NO ICE (credits will be given)
- February 10, 12 - High and Low Test Day
- February 20-22 - EOSIC, Whitby
- March 7 - Loyalist Spring Skate 2009, Amherstview
- April 3-5 - Gloucester Spring Festival
- April 8, 9 - Low Test Day
- April 13, 14 - Skating Seminar with Mariposa Coaches



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2008-2009 Executive

President	Mo Brown
Vice President	Lynn Moore
Treasurer	Sheila Dagenais
Secretary	Michaela Green
Registrar	Pam Walker
Hospitality	Lori Hoffman
Fundraising	<i>vacant</i>
Music Chair	Cathy MacDonell
Coaches' Rep	Lisa Ross
Test Chair	Vicki Coughy
Communications	Lynn Moore
Pro Liaison	Mecki McDonald
Publicity	<i>vacant</i>

The Glen Cairn Skating Club is run solely by volunteers. If you would like to help out in any capacity, please contact a member of the Executive (e-mail addresses are on our website) or call our message centre at the number listed above.

Child's Fitness Tax Credit Update

As most parents are aware, the Federal Government is allowing a tax credit on amounts up to \$500 paid by parents to register a child in an eligible program of physical activity.

You will be able to claim the credit for fees paid in 2008. If your child skated in 2008 but you paid those fees in 2007, you will not be able to claim that amount. Fees paid in 2008 for activities in 2008-2009 will be eligible.

Receipts for fees paid in 2008 will soon be available on the Skate Canada website. An e-mail will be sent out shortly giving directions on how to access them.

For more information on this tax credit, please go to: www.cra-arc.gc.ca/fitness/

Glen Cairn Stuff for Sale

While supplies last, we are selling garment bags and blade covers in the Glen Cairn Skating Club colours. Blade covers cost \$10, garment bags cost \$25. For an extra \$13 (plus tax) you can have the club logo and your skater's name embroidered on the garment bag or just the club logo for \$6 (plus tax).

Please contact Lynn (vp@glencairnsc.ca) if you would like to purchase either of these items.

"Get Out of the Way!"

Does this sound familiar? You're in a lesson with your coach, working on your solo to get ready for the competition coming up. You set up for that all important jump and nothing. There was another skater right in your path and to attempt the jump would have caused an accident.

Here are some pointers about who has the right of way and when YOU need to get out of the way.

Right of way goes to:

1. A skater doing their solo in a lesson
2. A skater doing their solo with music
3. A skater moving backwards
4. A skater in a lesson

There have been several close calls this season and it is often the same skaters who are not watching out. Please note that skaters repeatedly ignoring these rules will be asked to leave the ice as this is a safety issue.

Guest Skating Reminder

Please make sure you remember to sign in and pay your fees when you guest skate.

Fees are \$10 per freeskate. For prices of other sessions see the binder in the music room or the Club Handbook.



Allergy Awareness

Several of our skaters suffer from severe peanut/nut allergies. We ask you to please be considerate of them when packing snacks or bringing in treats. A quick peanut butter sandwich for one skater could mean a trip to the emergency room for another.

Congratulations!

Congratulations to all of the skaters who have participated in competitions so far this season:

Figure 8 Autumn Skate (STARSkate), Sept. 18, 2008:

Victoria Walker - PrePreliminary Women B - 4th
Taylor Abbas - Preliminary Women B - 2nd
Eliza Moore - Preliminary Women C - 5th
Kelly McDonald - Jr. Bronze Women B - 2nd
Jessica Abbas - Sr. Bronze Women - 3rd

Asticou (STARSkate), Aylmer, Quebec, Nov. 21-23, 2008:

Megan Hoffman - Introductory Womens Interpretive – 3rd
Tammy Pham - Introductory Womens Interpretive – 2nd; Sr. Bronze Women
Taylor Abbas - Preliminary Women – 4th
Victoria Walker - PrePreliminary Women – 3rd
Kelly McDonald - Jr. Bronze Women – 2nd
Emily Auger - Jr. Bronze Women
Casey Campbell - PrePreliminary Women – 2nd
Katarina Yannoulopoulos - Intermediate Women – 2nd
Miranda Green - Intermediate Women – 3rd
Linda Ding - Sr. Bronze Women
Eliza Moore - Intermediate Women – 4th
Jessica Abbas - Sr. Bronze Women – 2nd

Love to Skate (CanSkate), Carleton Place, Dec. 6, 2008:

Sarah Caparelli - Stage 2 Freeskate – 4th
Mackenzie Connelly - Intro A Freeskate – 2nd
Amanda Cousineau - Stage 5 Ind. Elements – 1st, Stage 5 Freeskate – 1st
Carley Desbiens - Stage 2 Freeskate
Natalie Fage - Stage 4 Freeskate – 4th
Renee Fage - Stage 4 Freeskate – 3rd
Sarah Fillmore - Intro A Freeskate – 1st
Annie Gabbour - Stage 2 Freeskate – 3rd
McKayla MacDonell - Stage 5 Ind. Elements – 1st, Stage 5 Freeskate
Melody Russell - Stage 5 Freeskate – 2nd
Teslin Russell - Intro A Freeskate – 4th
Mariana Sanchez-Maya - Intro B Freeskate – 2nd
Funky Monkeys: Sarah Fillmore, Teslin Russell, Mariana Sanchez-Maya - Team Elements – 2nd

Bonnechere Skate (CanSkate), Eganville, Jan. 17, 2009

Melody Russell - Freeskate STAGE 5 - 1st
Sydney Dearing - Freeskate STAGE 5 - 2nd
Teslin Russell - Freeskate INTRO "A" - 2nd
Sarah Filmore - Freeskate INTRO "A" - 1st
Mariana Sanchez-Maya - Freeskate INTRO "B" - 2nd
McKenzie Connelly - Freeskate INTRO "A" - 3rd, Elements, INTRO "A" - 3rd
Funky Monkeys - Team Elements (Sarah, Teslin, Mariana) INTRO "A" - 1st
Snow Bunnies - Team Elements (Sydney, Melody) STAGE 5 - 1st